2019 Sailors’ Take-Aboard Menu from Bras d’Or Lakes Inn

**Tomato Cucumber Salad $12**
Cherry tomatoes, English cucumber, olives, feta cheese, apple, and apple cider vinaigrette dressing.

**Mixed Green Salad with Smoked Salmon $18**
Mixed greens, croutons, cream cheese, fennel, cucumber, red onion.

**Smoked Salmon Stacks $18**
Crepes, cream cheese, dill, capers, smoked salmon, mixed greens

**Goat Cheese Salad $15**
Pistachio-crusted goat cheese on a bed of arugula and mixed baby greens, strawberries, red onion and herbs. Balsamic and Nova Scotia honey vinaigrette.

**Lobster Roll $19**
Fresh Atlantic Lobster salad with mango and avocado and a side house salad.

**Caesar Chicken Salad Wrap $16**
Fresh grilled chicken breast, complemented by crisp romaine lettuce, shaved Parmigiano Reggiano and dressed with Chef’s Caesar dressing.

**Club Wrap $16**
Bacon, chicken, tomato, cheddar cheese, iceberg lettuce, with mayo

**Home-Made Desserts $9**
Carrot cake, or flourless chocolate cake.

**Add chicken or shrimp to a salad $6.**

To order please contact Bras d’Or Lakes Inn directly and they will bill to your credit card. (902) 535-2200

Prices are stated net of 15% sales tax. Please make your request for take-aboard no later than 6 pm on the evening before your sailing day. Pickup is in the morning after 9 am for day sails or by 5 pm for sunset sails.

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